

August Family Challenge

This month we are focusing on teamwork. Your family is your most important team. The August Family Challenge is to create a Family Mission Statement. Work as a team to create a mission statement using the steps below.

Step 1: Ask yourself these seven questions:

How do we want our family to be known?

How do we want to treat each other? What is most important to us as a family?

What are some of our talents, gifts, and abilities?

What makes us the happiest?

What makes us unhappy?

What kind of home do we want to invite friends to?

Step 2. Write your Family Mission Statement.

Consider all four areas: • Body (health and physical welfare) • Brain (learning) • Heart (relationships) • Spirit (inspiration) Keep it simple, one to two lines, so the youngest family members can memorize it and find it meaningful. Examples: "We are builders," "No empty chairs," "To serve others," "All for one and one for all."

Step 3. Stay on course.

Keep smiling and getting back on track. By writing a Family Mission Statement, the message is that your family is important—you know what you stand for and how you are going to work together to accomplish it.

ALL ABOUT Teamwork

Parents,

Hello! Here at school, we have been very busy learning about teamwork- what it means, why it's important and how we can learn to work together! Learning happens best when it is done both at school and at home. Below are many ways that you can help your child continue to learn about the theme of teamwork through reading about it, talking about it, and practicing it! We have really enjoyed exploring this topic at school, and I hope your family will enjoy it just as much!

Read About It!

Here are some books to help you learn more about teamwork:

- My Friend Rabbit by Eric Rohmann
- Swimmy by Leo Lionni
- Duck In The Truck by Jez Alborough
- Duck And Goose by Tad Hills

Practice It!

Set up an obstacle course in your home or yard. Take turns having one person blindfolded and the other leading the blindfolded person through the course. A fun way to practice teamwork and share success!

Talk About It!

Here are some discussion points to help you talk about cooperation with your child:

- What do you think teamwork means and why is it important?
- Tell me about a time you accomplished something with someone else's help. Would you have been successful alone?
- What is a way that you can work together with students in your class? People at home? On your sports team?
- What are 3 things that you think make it hard to work as a team and 3 things that make it easier?